

RI President 2014-15
GARY HUANG

District 5340 Governor 2014-15
LOUISE ANDRES

LJGT Rotary President 2014-15
RON KOHL



NOVEMBER 2014

21.....Garden Critters - Fund for
Animals/Living with Coyotes
Ali Crumpacker

28.....Dark

DECEMBER 2014

5.....Omo Child Project
John Rowe

12.....Literacy in San Diego
Jose Cruz

THE GOLDEN ROTARIAN

NOVEMBER
14



INTRODUCTION TO WSWA

& Current Holiday Campaign for Low-Income Service Workers



Brandon McDonald

Background: Brandon is originally from the Chicagoland area. He graduated from the University of Illinois in Champaign-Urbana with a bachelor's degree in the Teaching of Social Studies in 1997. He taught middle school and high school for three years on the city's south side with students that lived in the notorious housing projects.

HISTORY:

In 2000, he became a full-time volunteer organizer with a membership association of low-income families, also on the south side of Chicago. There he helped build and expand the free-of-charge preventive medical and non-emergency dental benefits, as well as the legal advice benefit and emergency food, clothing and more. He assisted with organizing

donated professional labor and materials for the renovation of the 100-year old Office Central. Brandon also organized students and professors from local universities, business owners and others to assist in organizing these benefits with the members. In addition, Brandon assisted in galvanizing the low-income membership there to combat some of the root causes of poverty.

In late 2005, Brandon was invited to take on the position of Operations Manager for a similar organization in Santa Rosa, California. There he once again taught low-income members and others how to build a preventive medical and non-emergency dental benefits to where dozens of low-income members would receive free, donated care every month. Under his leadership, the organization successfully stopped the closure of the principal hospital which poor and low-income people relied upon for care. In addition, they were able to lead a struggle to successfully stop the state of California from eliminating a program that provides in-home care for a half million poor elderly, blind and disabled recipients and which saves the state billions of dollars annually.

In July of 2013, Brandon had replaced himself as Operations Manager in Santa Rosa and was invited take on the position of Operations Manager with the 36 year-old Western Service Workers Association (WSWA) in San Diego. Since that time, WSWA has recruited 5 new volunteer attorneys, three new volunteer dentists and two new volunteer doctors who provide free services to some of San Diego County's lowest-paid workers and their families. Over the last two years, WSWA has done advocacy to stop water shut offs to dozens of low-income families throughout San Diego. Under Brandon's leadership, WSWA members began a campaign to encourage the city to issue a moratorium on water shut offs in San Diego.

FAMILY:

This year Brandon's parents followed him to San Diego to enjoy its incomparable climate and vistas. They are also volunteers and supporters of WSWA and like Brandon they now call this county their home. Brandon's brother has a family in the Chicagoland area and travels the country servicing accounts with a successful telephony technology company.

Upcoming ROTD

NOVEMBER 2014

21..... Ellen Bryson
28..... dark

DECEMBER 2014

05..... Dianne Day
12..... Pete Griffith
19..... Steve Brown
26..... dark



For Rotary, The Four-Way Test is the cornerstone of all action. It has been for years, and it will be in the future. Of the things we think, say or do

ROTARY 4 WAY TEST

--- 1 ---

Is it the **TRUTH**?

--- 2 ---

Is it **FAIR** to all concerned?

--- 3 ---

Will it build **GOODWILL**
and
better **FRIENDSHIPS**?

--- 4 ---

Will it be **BENEFICIAL**
to all concerned?

As Rotarians, we should have The Four-Way Test in mind in every decision we make, all day long. Our utmost responsibility is to Speak The Truth, to Be Fair, to Build Goodwill and Better Friendships, and to do our very best in all situations.

4 Way Test was developed
in 1932 by
Herbert J. Taylor.

Report

FROM THE NOVEMBER 07 MEETING



Emidio DelConte
Reporter

POVERTY

“Is the parent of revolution and crime”

Our Pres, **Ron Kohl**, opened the meeting and introduced our youngest Rotarian, **Marin Grillo** as our Rotarian of the Day.

Marin shared many things with us including that she is a fourth generation Rotarian and her passion (now) is rock climbing – both inside and outside. She teaches rock climbing to others such as participants in the Wounded Warriors program! She also competes in the sport and I think all of us in attendance felt honored to have such a wonderful young lady as an aspiring member.

Jennifer Schaffer introduced our guests and visiting Rotarians. We had 2 visiting Rotarians from the downtown San Diego club and one from the La Jolla (La Valencia) club. For guests, our current Governor, **Louise Andres** introduced her long time (since age 15!) friend from Portland, OR. Then **Marty Rosenstein** introduced a group from the Preuss school including teachers and the parents of the student of the month.

Announcements included Pres **Ron** mentioning **Sandy Rimer's** Thousand Smiles set for February and then

Pres-Elect **Bev Fritschner** announced various upcoming District events as well as a planned “Bridges” walk set for November 15.

Marty Rosenstein then introduced the Preuss School Student of the Month, **Michelle Swan**. **Michelle** is a senior at Preuss and maintains a very busy schedule that she shared with us. She founded the Art Club Foundation at the school and volunteers in the school library. An interesting tidbit is that the garden Club sells pot – oops – that was corrected by **Brett Morey** to pots - to raise funds. This very poised young lady has goals of majoring in English Literature and becoming an editor in NYC.

Our Past President and current Foundation Chair **Brett Morey** then gave a foundation presentation since November is Rotary Foundation Month – (who knew!). He asked that we all wear our Paul Harris pins during November and to get those pledges and cash in. He knows where we all live and work so better do as he asks!

Brett's presentation gave us insight as to where the Foundation monies go. **Brett** then awarded our

own TV ad personality, **John Stephan**, his 6th Paul Harris award – good going **John**!

The president made an executive decree and said that, to give our speaker more time, instead of high 5's we had to do high 10's this morning. Contributors included **Louise Anders**, **Mike Bardin** and Father **Wayne Sanders**. Thank you all.

Then **Louise Anders** introduced our speaker, **Deepa Willingham**. **Deepa** is originally from Calcutta, India where she was taught at a young age by Mother **Teresa** (along with others). She is a former PDG of *District 5240* and is a current resident of Solvang, CA.

Her presentation stressed the value of education and how so many in the world are living in extreme poverty. Education is one of the escape paths from poverty and crime. One of the quotes she had was from **Aristotle** and is “Poverty is the parent of revolution and crime” which still seems very relevant. She said the world population just surpassed 7 billion and, of that number, about half are living in extreme poverty which was defined as living

on less than \$2 per day. 16 thousand kids in extreme poverty die each day, 2.8 billion have no health care access, etc. Also, in the world there are presently about 2.7 billion illiterate persons and 2/3 of them are women. Education can help all.

Another statistic was that child trafficking has risen to the 2nd largest crime in the world behind drugs. And, lest we feel smug within the USA, we too have a growing problem with child trafficking.

Deepa introduced **Christine** and their current project **PACE**. The initial site for this program is in India and stresses education for girls and women. Additional aspects of the program include water and sanitation systems, micro loans, utilities, etc. There is much to do in the world and **Deepa** and **Christine** spoke highly of the support their program has received through Rotary.

Our Pres, **Ron Kohl** closed the meeting with an attorney joke. Something to the effect that **Tommy's** dad is an attorney, but a regular one, not the honest kind! (With my apologies to the attorneys in the club.)

WANTED: Auction Items

Do you, a friend or a local business have a product or service you can donate as an auction item?

This is a Win-Win for both the club and the donor. All proceeds go directly to Our Club to support our Avenues of Service.

1. We will put the auction item in the bulletin with the person/business that made the donation for 2 weeks before the item is auctioned.

2. It will be the only item auctioned that week. This gives more exposure for the business.

3. You can win an item even if you are not at the club meeting by emailing your bid. If it is the highest bid for the item you will win it!

Please email **Lisa Galstian** at gartgal@att.net with auction items, bids on items or other questions.

Photos

FROM THE NOVEMBER 07 MEETING



Bill Keane
Photographer



E V E N T

NOVEMBER
15

ROTARY CLUB

7
BRIDGES
HIKE

Balboa
P A R K

WHAT:
SEVEN BRIDGES HIKE

WHEN:
NOVEMBER 15, 2014

WHERE:
IN BALBOA PARK

This is a great hike
to see the 7 bridges
in and around
Balboa Park.



Bev Fritschner
Contact for Hike Sign Up

bfritschner@cox.net

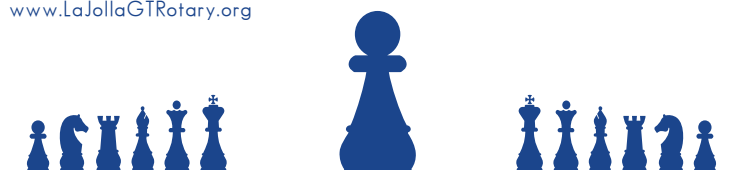
LA JOLLA GOLDEN TRIANGLE ROTARY CLUB

P.O. Box 13023
La Jolla, CA 92039
www.LaJollaGTRotary.org

LA JOLLA
GOLDEN TRIANGLE
ROTARY CLUB

CHARTERED
JUNE, 1986

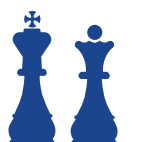
LA JOLLA
CALIFORNIA



LJGT ROTARY LEADERSHIP

2014 - 2015

PRESIDENT Ron Kohl
PRESIDENT-ELECT (2015-16) Bev Fritschner
TREASURER Sharon Council
SECRETARY Sara Hogue
PAST-PRESIDENT/FOUNDATION Brett Morey



BOARD OF DIRECTORS

2014 - 2017

Dave Wiegman, III2015	Jacquie Reilly2016
Louis Scotti.....2015	Tony Grillo.....2017
Will Moore.....2015	Joe Howell2017
Ajay Asher.....2016	Rick Binder.....2017
Alex Monroe2016	



COMMITTEE CHAIRS

2014 - 2015

CLUB SERVICE.....Keith Jeffers & Rick Binder
COMMUNITY SERVICE.....Ellen Bryson & Alex Monroe
YOUTH SERVICE.....Dianne Day
INTERNATIONAL SERVICE.....Cynthia Villis, Kathleen Roche -Tansey & Alex Kirkpatrick
VOCATIONAL SERVICE.....Sheila Henry & Tom Hinton
PR/WEB.....Alex Monroe
MEMBERSHIP.....Jacquie Reilly & Sandra Scherf
FUNDRAISING.....Linda Stouffer & Dianne Day
PEACE FELLOWSHIP.....Mike Bardin
CLUB FOUNDATION.....Steve Brown
FINE MASTER.....Michael Schwarz
PROGRAM CHAIR.....Bill Keane
FAMILY OF ROTARY.....Lori Bende
BULLETIN REPORTER/EDITOR.....Joel J. Candib
PUBLISHER.....Ajay Asher



PAST PRESIDENTS

1986 - 2014

Dewey McDowell.....1986/87	Jim Davies.....2001/02
Ted Owen.....1987/88	Don Hoover.....2002/03
Reint Reinders.....1988/89	Pam Russell.....2003/04
Dan Mitrovic.....1989/90	Mike Schwarz.....2004/05
Steve Brown.....1990/91	Cynthia Villis.....2005/06
Ron A. Phillips.....1991/92	Dale Barnes.....2006/07
Bobby Foushee.....1992/93	Jay Hatfield.....2007/08
Pete Griffith.....1993/94	Linda Stouffer.....2008/09
Bill Radcliffe.....1994/95	Louise R. Andres.....2009/10
Carl Lower.....1995/96	Dory Beatrice Griffith.....2010/11
Michael Bardin.....1996/97	Romik Kesian.....2011/12
Robert Vaughn.....1997/98	Susan Schwarz.....2012/13
Mil Phillips.....1998/99	Brett Morey.....2013/14
Rick Clark.....1999/00	
Bonnie Brunner.....2000/01	



Krishna Arora

I was born in India. I am the youngest of six brothers and two sisters. At age of 21, I earned my Bachelor's Degree in Electrical Engineering from India. After working for a private company for four years, I came to USA in 1969 to do my graduate studies at San Jose State University. In Spring 1971, I graduated with a MS degree in Systems Engineering. It was pretty depressing when the time came to face the real world....100's of application and not a single

interview call! I finally landed up getting a job in Chicago.

In 1972, I proposed over the phone to marry my soul mate. We got married in Stockton, Ca at St. Mary's church and same day left for India. Four days later got married again following Hindu rituals. Soon after our marriage, by choice, our family started to grow. In 1976, we ended up in San Diego. Family life was centered around the children's activities -- birthdays, cub scout, soccer, PTG, field trips, etc. I started to coach our son's team, which soon led to spending weekends at the soccer field coaching and refereeing..

In San Diego, over the years I have worked for such organizations as General Dynamics, SAIC, Oak Industries, TRW. The only common denominator at all these places was that I would get bored and leave for another company. This was certainly the case until I joined Qualcomm in 1990. Although Qualcomm gave me my grey hair (actually it was the Korean Project), I would never trade my 12 years there with any other company. I retired from Qualcomm in 2002 as Director of

Engineering and transitioned to retired life.

On the family front, we were able to extend the gift of education to our three children. They attended universities of their choice and are now gainfully employed. The eldest two got married to their respective life partners twice as we did, a Christian wedding followed by a Hindu wedding. We have three wonderful grandchildren - Aidan and Liam are grandpa's buddies while Sadie and Stella are his princesses.

The retirement phase of my life has given me time to, not only, "smell roses" but to also engage in activities that touch the lives of others. Health is our number one priority -- the other day I beat a 24 year old friend of my youngest son in doing four-limb push-ups!! We love to travel, which has taken us on Catholic and Hindu pilgrimages; hikes to Machu Picchu in Peru, to South Island of New Zealand and to foothills of Himalaya; family wedding in Rio De Janeiro, Brazil.

A strong desire to explore and preserve our heritage prompted us to engage in a project to write

a book about my family history. A 2-year effort helped us find relatives going back 13 generations and culminated in a book entitled, "Our Family History: Past and Present of the Arora (Ishpunani-Juneja) Family". Our family values have taught us to reach out to help others thru volunteer work and charity. I volunteer at Braille Institute; help a catholic priest with MS get exercise; got a foot-bridge built for Q'eros in the Peruvian Andes; sponsoring two organizations in India engaged in the basic education and vocational training for children from the slums. I am very blessed and feel very fortunate to be able to help those in need! Our life experiences have taught us to "Celebrate Life". It is all about living your dreams today, not just wishing for them in the future.

